



Alison Hoops Photography

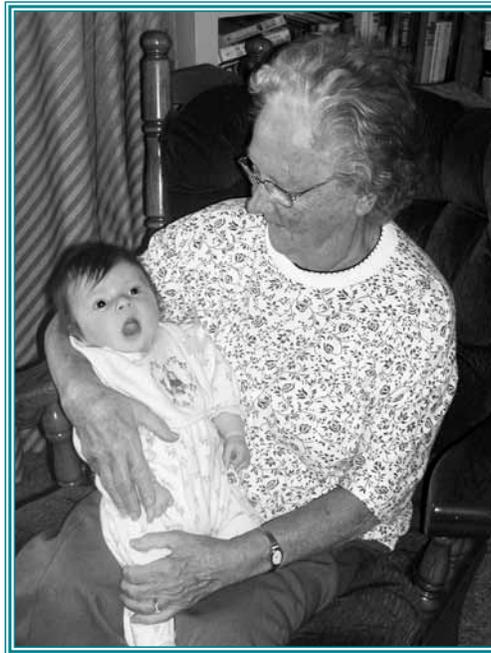
## SANCTITY OF HUMAN LIFE

### *Lessons Learned from My Mom*

**M**y mom died in September after a long struggle with several forms of Dementia. For the past five years, she and my dad lived in an apartment attached to our house, so our entire family had the privilege of traveling through this journey together. In the early stages, mom was a part of daily family activities like setting the table and assisting with simple meal preparation tasks, and she enjoyed times with her grandchildren and great-grandchildren. Even as the disease progressed to the point where she did not know who they were, she loved being around the children.

One of our precious memories is the day mom somehow climbed the ladder into the children's playhouse. As the adults were trying to figure out how to get her down, mom solved the problem and came giggling down the slide. Toward the end of her life, mom's brain seemed to lose the ability to communicate with her body. She became unaware of her surroundings and I do not think she knew who I was . . . but the more helpless she became, the more I saw the image of God stamped all over her. Her value had nothing to do with her credentials or what she could do—it had everything to do with her Creator.

My journey with mom reminded me that people are watching and they notice the way we treat the helpless, whether it is an elderly parent or a preborn baby whose mother is so overwhelmed by her situation that she is considering abortion as her only solution. As we live out the golden rule—treating others the way that we would want to be treated—our actions become an aroma of God



to those around us. (2 Corinthians 2:14) During a meeting with a representative from a caregiving agency we were working with, I was told, "We (the staff) have been discussing your mom's case, and we have determined that you are a family of great faith." Having had minimal contact with this group, I wondered what this conclusion was based on. Apparently, in our current culture, our family's support of mom and each other was somewhat unusual, and those observing us had detected the fragrance of God.

I see this happen routinely at Care Net as our clients will ask questions like, "What makes you ladies so different?" "As we listen to their life stories with non-judgmental compassion and offer them practical help, they "smell" a

pleasant aroma and it often leads to opportunities to share the good news of the God's love for them.

I am convinced that living out our pro-life belief blesses God. Jesus said that when we serve the least of these, we are serving Him. (Matthew 25:40). What a concept—we can do something to give back to God—we can bless God who has done so much for us! Clearly, there is a cost involved in terms of comfort, time, and so much more. But there is nothing that compares to the sense of God's good pleasure as we are involved in making a difference . . . for Life.

Thank you for standing with us and for all you do to build a culture of life. Your faithfulness and generosity is a great encouragement to all of us at Care Net. If you are looking for some practical ideas to promote the Sanctity of Human Life, check out the back cover and the Ministry Needs section on page 2.

# MINISTRY UPDATES

## 2013 BANQUET UNDERWRITERS

We are grateful for the faith these businesses and individuals demonstrated as they gave upfront gifts to underwrite our banquet.

### HERITAGE CIRCLE (\$1,000+)

Anonymous  
Boyd & Boufford Insurance Agency, LLC  
Jennifer & Tim Brecheen  
Grace Limousine, LLC

### ADVOCATE'S CIRCLE (\$500-\$999)

Concept Communications, Inc.  
The Congregational Church of Goffstown  
CrossWay Christian Church  
Gurney's Automotive Repair  
Arthur Meconi/Ameriprise Financial  
Morgan Self Storage  
Riverside Christian Church

### BENEFACTOR'S CIRCLE (\$251-\$499)

Anonymous  
Bridgeway Christian Church  
Grace Lutheran Church  
Living Hope Church of Manchester  
Safe Harbor Christian Fellowship  
Ladies Guild-Protection of the Blessed Virgin Mary

### FRIEND'S CIRCLE/TABLE SPONSORS (\$100-\$250)

Agretech Corp.  
Mark & Andrea Almquist  
Anonymous  
Calvary Chapel of Nashua

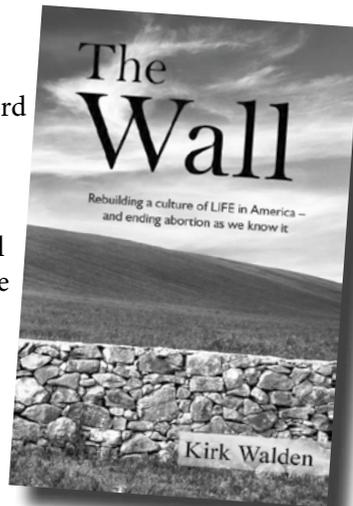
Garrett Caputo  
Centra-Larm Monitoring, Inc.  
Chestnut Hill Chapel  
Anita Chow

Church of the King  
Daughters of Isabella St. Anthony Circle  
Drago's Landscaping, Inc.  
Nancy Elliott  
Gagne & Dager Insurance Agency  
Grimard's Auto Sales  
Dale & Lori Hartling  
Alfred Lafferty, Jr., CPA  
Doug & Shannon McGinley  
Dick & Gloria Nagel  
Donna L. Pinard-Cloutier  
Soil Away  
Ste. Marie Parish  
Trinity Life Community-Bedford Foursquare Church  
Douglas & Jane Verbeck

## The Wall now available!

A generous donor has purchased a case of the book by our banquet speaker . . . so we might spread the word to those who might be encouraged to help us build a culture of life. All you have to do is call either Center and request one or a few—as long as you will pass them onto folks who might not be presently participating with Care Net . . . but might want to. It is inspiring, encouraging, and simple, even to motivate a veteran supporter to continue! Together we can finish the Wall of Life!

Nashua 883-9355 • Manchester 623-5534



## BABY BOTTLE BENEFIT



This fund-raiser can be done any time of the year. In 2013, \$55,000 was raised by our local churches. Your change really DOES make a difference.

Call either Center for information or to arrange to get bottles.

## MARK YOUR CALENDAR

- Sanctity of Human Life Sunday:** January 19, 2014
- Walk for Life:** May 10, 2014, Saturday before Mother's Day! In BOTH CITIES!
- Post Abortion Recovery Bible Study:** Call either Center for details.
- Volunteer Training:** Late January or February in both Centers. Call for next date.
- Baby Bottle Benefit:** Can be done anytime. Call Centers.

## MINISTRY NEEDS

- Diapers:** CRITICAL NEED! sizes NB, 2, 3, 4, 5.
- Maternity clothes:** newer, fashionable, all sizes
- New infant car seats** always needed (Clients can't take baby home from the hospital without one.)
- PLEASE NOTE: Cribs with Certificates of Compliance accepted (less than two years old).**
- Car Seats new or less than two years old with original directions.**

## MAILING LIST NOTICE

If you would like to be removed from our mailing list, or have a change of info, call Linda at the Nashua Center • 883-9355, or send an e-mail to: [Linda@carenetnh.org](mailto:Linda@carenetnh.org).

[www.carenethn.org](http://www.carenethn.org) (client website)      [www.TheFriendsofLife.org](http://www.TheFriendsofLife.org) (donor website)

### Manchester

50 Bridge Street • Suite 307  
Manchester, NH 03101  
603.623.5534

[infomanchester@carenetnh.org](mailto:infomanchester@carenetnh.org)

### Nashua

110 Main Street  
Nashua, NH 03060  
603.883.9355

[infonashua@carenetnh.org](mailto:infonashua@carenetnh.org)

**Heartbeat** is published by Care Net Pregnancy Center of Manchester and Nashua. Care Net Pregnancy Center of Manchester and Nashua empowers individuals to make informed, life affirming decisions relating to pregnancy, sexual health and relationships, by sharing the practical love of Jesus. *All services are free and confidential.*

**CPC Board of Directors:** Michael Danis, Kathy Edelblut, Dick Nagel, Lindsay Hyvonen, Annie Campbell, David Spataro • **Medical Director:** Dr. Nicole Varasteh • **Nurse Manager:** Andrea Almquist, RN • **Directors:** Linda Barry - Nashua, Braunda Butt - Manchester • **Editors:** Ed & Mary Ann Edman • **Publisher:** Liberty Press, Manchester, NH • **Mailing:** Larry Billingsly

## 2013 Banquet & Fundraiser

*Together  
for Life*

**IT WAS A FULL HOUSE** with over 430 guests filling almost every seat at Alpine Grove. The anticipation of having a full house was apparent—what might God do with us the night of our banquet? It's a wonderful thing when the guests come expecting!



**Our speaker for the evening was Kirk Walden**, founder and owner of *Life Trends*, a ministry that provides pregnancy centers with cutting edge development tools. He has served as an Executive Director of a center and has just released his new book, *The Wall*. With humor and vulnerability he inspired us to finish the wall of life that has been in process for 40 years. Kirk encouraged us, that by using a few practical tools and strategies, we will see unprecedented results in the next decade that will usher in victory after victory and ultimately create a generation where life is celebrated and honored once again.



Much of Kirk's inspiration came from the book of Nehemiah, "So we built the wall and the wall was joined together to half its height, for the people had a mind to work" (Nehemiah 4:6). That is the current state of our prolife work in our nation. In pregnancy centers we have seen the faithful work done over the last 40 years. But we are only half there—we need to finish this wall!

**We were challenged** to make some changes, and to strengthen and grow the services that will continue to attract women who would be going to an abortion provider, but find us instead. She is drawn by the professional and loving services that we provide—giving her true help through ultrasound, services to fathers, mentoring, and ongoing care. We need to be those who

give her **real choice**. The reality is that it will take us all to accomplish this, and it will take our resources also.

An effective plan to build a culture of life must include the partners of our clients, the man who sits next to her in the waiting room. **There was a clear call to enlist men** to become more involved in reaching out to the men who come through our doors.



Each year we honor a volunteer with the **Ian Campbell volunteer award**. The recipient this year was Dr. Nicole Verasteh, our Medical Director. Without her willing sacrifice we could not provide the medical services that are so valuable to our clients. Dr. Nicole has gently and professionally led this part

of what we do, and we appreciate her greatly!

**We were blessed with an original song by Andy Locke, "Build this Wall."** The crowd was moved to want to take action.



Michael Danis, Chairman of the Board, served as the MC. He led us through a memorable evening that has renewed our vision for life and given us a mind to work! Thank you for joining us as we build the Wall of life and hope—together we can do this!

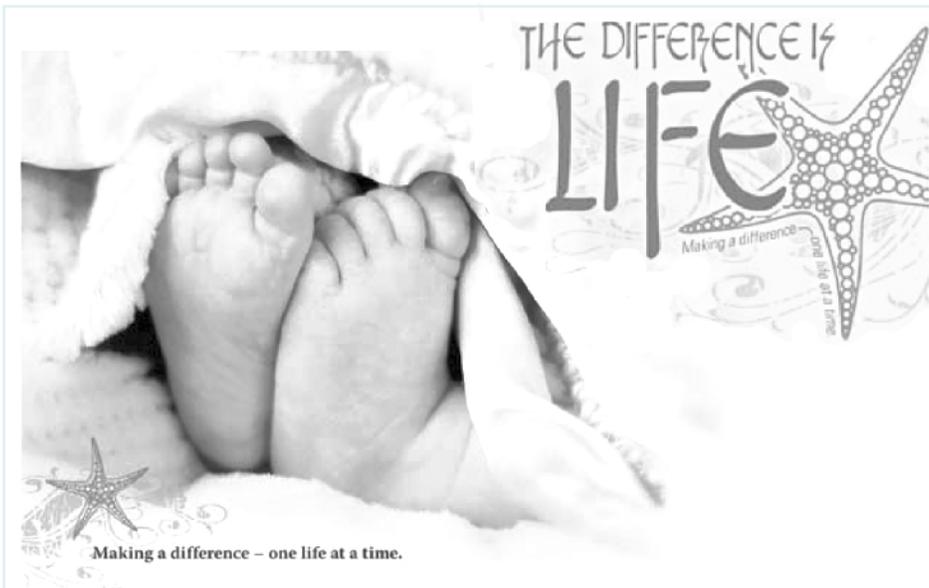
RETURN SERVICE REQUESTED

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- SOHL Sunday • January 19, 2014

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# Sanctity of Human Life Sunday January 19, 2014



**YOU can celebrate the Sanctity of Human Life! HOW?**

- ✿ Encourage your pastor to talk about the sanctity of human life.
- ✿ Participate in our Baby Bottle Benefit.
- ✿ Have a Baby Shower to bless Care Net Pregnancy Center's clients.
- ✿ Volunteer! Invite a Speaker! Give an offering!
- ✿ Talk with your family, friends, and neighbors about the issues.
- ✿ Pray for your local Care Net Pregnancy Center.
- ✿ Take a stand for LIFE!

*Call either Center for more information:  
623-5534 or 883-9355*